

THE ROOTS OF LOVE

FAMILY CONSTELLATION AND TRAUMA HEALING



November 13th to 21th 2022

FACILITATOR
SVAGITO LIEBERMEISTER
with VEDANTA SURAVI



Dealing with Shock and Trauma in Systemic Therapy

This advanced training is open for everyone, who has completed a Family Constellation Training. It specifically deals with refining our skills in working with people and teaches concepts and strategies to help body and mind to heal and renegotiate the effects of trauma in human life.

In one part of each day we work with constellations that deal with those specific issues, while during the other time we work with Somatic Experiencing as a short term approach to the resolution and healing of trauma. In this approach we focus on bodily sensations and mobilize the powerful survival energy that got frozen in the nervous system. By working on the physiological level insights from a constellation can be integrated and absorbed more easily and any re-traumatization can be avoided. In traumatic stress our nervous system is affected and reacts in a way that is beyond our control. Unless we reach to that level of the body, where the energy charge is tied up and can step by step become unfrozen and integrated, no lasting healing is possible.





By combining two approaches we will gain a more profound understanding in dealing with family systems and with the system of the body. We become more sensitive how to prepare a client for a constellation and gain new skills to help a client overcome symptoms of posttraumatic stress. On a personal level we find a deeper relaxation for us and strengthen our ability to respond to life and feel competent and capable again in relationships and all kinds of life situations.

The movement within the constellation that takes us 'beyond family' and 'beyond blind love to conscious love' is part of an inner growth process that brings the individual in deep synchronicity with life itself, and into real and joyful aloneness. Only out of that true capacity to be alone can a healthy.

Osho Family Constellation is based in meditation. It is rooted in a deep acceptance of how things are, rather than in any effort to improve things. This honouring of what is the point where therapy ends and meditation begins.

*2 Daily active meditations are an integral part of this training.

"If you have not explored your body, you will not be able to explore the soul."

"The body is your base, it is your ground, it is where you are grounded. All growth depends on how one is related to your body."

- OSHO -

"When the family has been brought into its natural order, the individual can leave it behind him while still feeling the strength of his family supporting him. Only when the connection to his family is acknowledged, and the person's responsibility seen clearly and then distributed, can the individual feel unburdened and go about his personal affairs without anything from the past weighing him down or holding him back."

- Bert Hellinger -

INVESTMENT FOR TRAINING	980 € + Accommodation + food for 8 days = 560€ The price includes individual rooms for everybody.	TOTAL: 1.540 €
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To confirm your reservation you need to make a 300€ deposit. This deposit confirms automatically your reservations, for this we will send you details by mail, if interested.

*Otorgamos Certificado.

******THIS TRAINING IS OFFERED EVERY 2 YEARS. NEXT ONE IN 2024**



Web Hotel CARLOS III
www.carlostercero.com

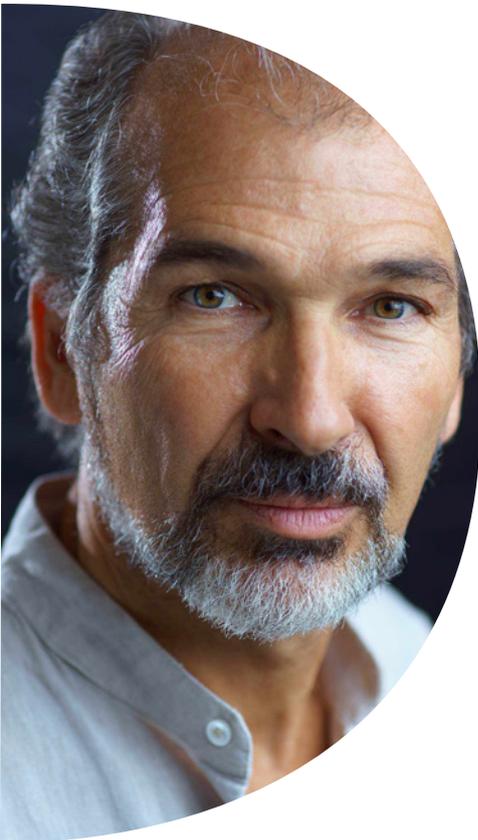
AT HOTEL CARLOS III IN ALCANAR-PLATJA -TARRAGONA

The arrival date and time for this training at the Hotel CARLOS III in ALCANAR is Sunday 13th of November around 5 pm, for accommodations, complete payments, rest, dinner and sleep. The training itself starts on Monday 14th at 10 am, ends Monday 21th around 2:00 pm. Lunch - (included).

To arrive to this hotel:

From **BARCELONA Airport**, the simplest and cheapest way is to take a good **Bus HIFE Leaving from Terminal 1**. (Underground-Buses Stop) It takes around 2:40 hrs., and it leaves you about 50mts before the hotel, on the opposite side of the road. **You should tell the driver to stop at Hotel CARLOS III - in Alcanar-Platja**. Their timetables and price are in their web: www.hife.es. And it also leaves from Barcelona city from Carrer de Numancia 165 or 157. This is near Barcelona Sants train station. There are many trains that leave from the main Barcelona station - BARCELONA SANTS to VINAROS (the nearest train station coming from Barcelona). in train station, you can take a taxi to the hotel, for around 24€. You can also come from VALENCIA by Bus or train to VINAROS. From Madrid there is a combination Madrid-Vinaros. We will send you Bus and Train timetables. If you choose to take a train, we can organize a taxi for you.

The weather in the area where we impart the training is usually very nice, it is a micro climate. Bring a jacket for evenings and some light and comfortable clothes for daytime and meditations. People like to jump into the sea immediately after dynamic meditation. So, bring bathing suit.



FACILITATOR:

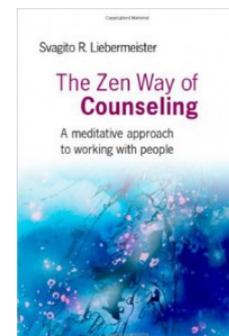
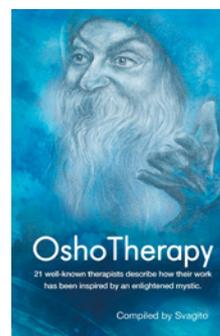
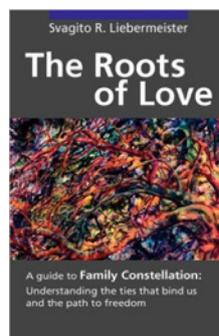
R. SVAGITO. LIEBERMEISTER

Is a psychotherapist and spiritual teacher who has been a disciple of the enlightened mystic, Osho, since 1980. In his courses and training groups he combines Western therapy methods with Eastern methods of meditation, and is known for his clarity and heartfulness in teaching and supporting people in their personal growth. He holds a degree in psychology from Munich University and has been working with people therapeutically since 1981, while continuously studying a wide range of therapeutic methods including Deep Tissue Bodywork, Neo-Reichian Breathwork, Psychic Massage and Male-Female Energywork, Counseling and Trauma Therapy (SE). In 1995 he began to include Family Constellation in his work, studying with its founder, Bert Hellinger, and since 2000 he leads his own training programmes in this fascinating approach to therapy. His other training programmes specialize in Neo-Reichian Breathwork, Counseling and Male-Female Energywork and Trauma Healing (SE).

He has trained hundreds of practitioners worldwide in the art of working with people from a space of meditation and lovingness. For many years he coordinated the two-month Osho Therapist Training Programme at the Osho International Meditation Resort in Pune, India, one of the largest personal- growth centers in the world. Every year, he travels extensively throughout Europe, Asia, Central and South America, offering courses and training programmes in over 15 different countries

Svagito has published three books, which have been translated into 9 languages:

“Roots of love” Ed-Alpha y Omega y “The Zen Way of Counseling”



web - WWW.FAMILY-CONSTELLATION.NET

More info e-mail to: SVAGITO@FAMILY-CONSTELLATION.NET

For further information about Osho and his approach to meditation:
WWW.OSHO.COM



ORGANIZED AND TRANSLATED BY

VEDANTA SURAVI

Psychotherapist with more than 35 years of international experience. Has lived and worked in Argentina, U.S.A, England, and India and currently in Spain. Trained in Family Constellations with Bert Hellinger, Dr. Bertold Ulsamer (Director of the Hellinger Institute in Freiburg, Germany) and Svagito Liebermeister in the Osho Multiversity of Pune, India. She is acknowledged as a Titular member of the Bert Hellinger Association of Spain. Gives Family Constellation workshops since 2002 all over Spain, in Argentina and Bulgaria. Trainings with Svagito Liebermeister in Spain and India. Met Osho in 1980 and since then has lived and worked as a therapist and meditation leader in many of His communes. Trained in P.N.L, Gestalt Therapy, Transpersonal Psychology, Hawaiian Massage, Psychic energy readings, and various methods of human energy transformation. Channeling. Leads Family Constellation workshops and Intuition courses.

More info about Vedanta Suravi:

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RESERVATIONS AND MORE INFO:

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