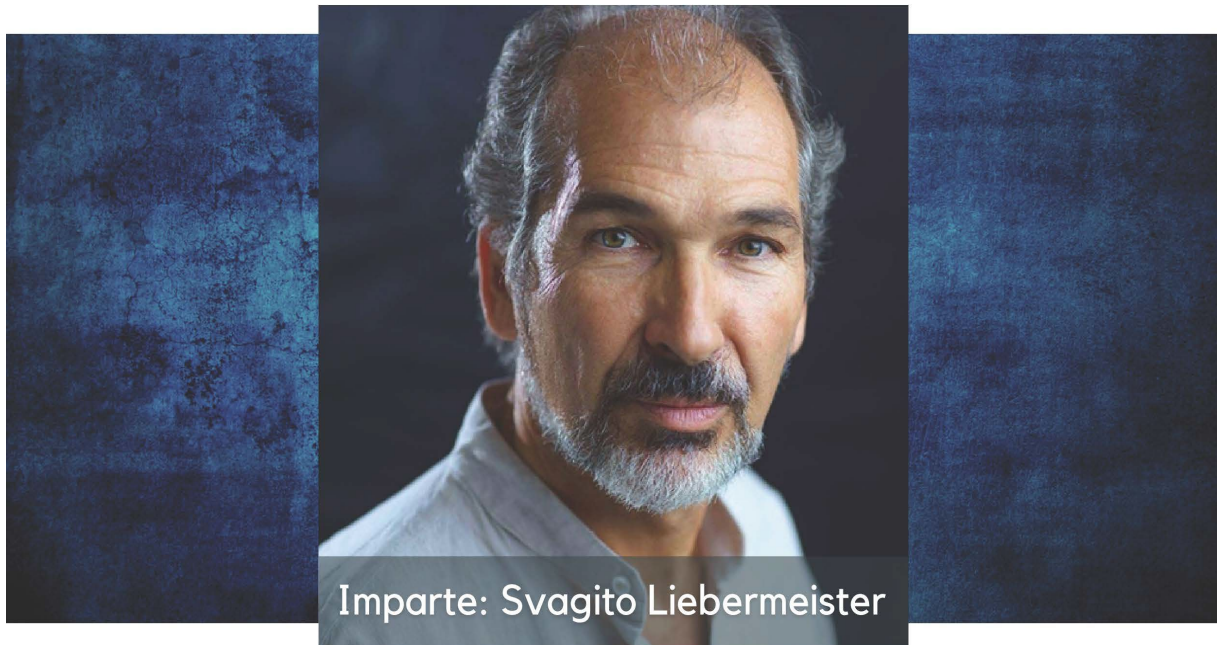


The Roots of Love Training - Part 3
Family Constellation and Trauma Healing
October 24 to 1^o September 2024 in Spain

Dealing with Shock and Trauma in Systemic Therapy



Intensive & residential Training in Alcanar Platja-Prov. Tarragona-España

This advanced training is open for everyone, who has completed a Family Constellation Training. It specifically deals with refining our skills in working with people and teaches concepts and strategies to help body and mind to heal and renegotiate the effects of trauma in human life.

In one part of each day we work with constellations that deal with those specific issues, while during the other time we work with Somatic Experiencing as a short term approach to the resolution and healing of trauma. In this approach we focus on bodily sensations and mobilize the powerful survival energy that got frozen in the nervous system. By working on the physiological level insights from a constellation can be integrated and absorbed more easily and any re-traumatization can be avoided. In traumatic stress our nervous system is affected and reacts in a way that is beyond our control. Unless we reach to that level of the body, where the energy charge is tied up and can step by step become unfrozen and integrated, no lasting healing is possible.

By combining two approaches we will gain a more profound understanding in dealing with family systems and with the system of the body.

We become more sensitive how to prepare a client for a constellation and gain new skills to help a client overcome symptoms of posttraumatic stress. On a personal level we find a deeper relaxation for us and strengthen our ability to respond to life and feel competent and capable again in relationships and all kinds of life situations.

"If you have not explored your body, you will not be able to explore the soul."

Osho

"The body is your base, it is your ground, it is where you are grounded. All growth depends on how one is related to your body." Osho

Details & Information

*Investment for Training = 1.200 €

+ *Accommodation + food for 8 days = 592€ The price includes individual rooms for everybody. Paid directly to hotel one day before leaving.

At Hotel Carlos III in Alcanar-Platja -TARRAGONA www.carlostercero.com

*To confirm your reservation you need to make a 200€ deposit. This deposit confirms automatically your reservations, for this we will send you details by mail, if interested.

The movement within the constellation that takes us 'beyond family' and 'beyond blind love to conscious love' is part of an inner growth process that brings the individual in deep synchronicity with **life itself, and into real and joyful aloneness. Only out of that true capacity to be alone can a healthy ...????**

Osho Family Constellation is based in meditation. It is rooted in a deep acceptance of how things are, rather than in any effort to improve things. This honouring of what is the point where therapy ends and meditation begins.

*****2 Daily dynamic meditations are an integral part of this training.**

When the family has been brought into its natural order, the individual can leave it behind him while still feeling the strength of his family supporting him. Only when the connection to his family is acknowledged, and the person's responsibility seen clearly and then distributed, can the individual feel unburdened and go about his personal affairs without anything from the past weighing him down or holding him back." Bert Hellinger

The arrival date and time for this training at the Hotel CARLOS III in ALCANAR is **Thursday 24 of October around 5 pm**, for accommodations, complete payments, rest, dinner and sleep. The training itself starts on Friday 25 Nov. at 10 am, ends Friday 1^oth November, ^{around} 2:00 pm. Lunch - (included).



To arrive to this hotel: From **BARCELONA** Airport simplest and cheapest way is to take a good **Bus HIFE. Leaving from Terminal 1**.(Underground-Buses Stop) It takes around 2.40 hrs and it leaves you at about 50mts before the hotel, on the same

side of the road. You have to tell the driver to stop at **Hotel CARLOS III-en Alcanar-Platja**. Their timetables and price are in their web: www.hife.es . And it also leaves from Barcelona city from Carrer de Numancia 165 or 157. This is near Barcelona Sants train station. Also, there are many trains that leave from the main Barcelona station-**BARCELONA SANTS** to **VINAROS** (the nearest train station coming from Barcelona). From train station you can take a taxi to the hotel (around 25€). We will send you Bus and Train timetables. If you choose to take a train, we can organize a taxi for you. Any way you can call or send an SMS to +34 696 442 390

Facilitator: **Svagito Liebermeister**



Svagito Liebermeister is a psychotherapist and spiritual teacher who has been a disciple of the enlightened mystic, Osho, since 1980. In his courses and training groups he combines Western therapy methods with Eastern methods of meditation, and is known for his clarity and heartfulness in teaching and supporting people in their personal growth. He holds a degree in psychology from Munich University and has been working with people therapeutically since 1981, while continuously studying a wide range of

therapeutic methods including Deep Tissue Bodywork, Neo-Reichian Breathwork, Psychic Massage and Male-Female Energywork, Counseling and Trauma Therapy (SE). In 1995 he began to include Family Constellation in his work, studying with its founder, Bert Hellinger, and since 2000 he leads his own training programs in this fascinating approach to therapy. His other training programmes specialize in Neo-Reichian Breathwork, Counseling and Male-Female Energywork and Trauma Healing (SE). He has trained hundreds of practitioners worldwide in the art of working with people from a space of meditation and lovingness. For many years he coordinated the two-month Osho Therapist Training Programme at the Osho International Meditation Resort in Pune, India, one of the largest personal- growth centers in the world. Every year, he travels extensively throughout Europe, Asia, Central and South America, offering courses and training programmes in over 15 different countries. Svagito has published three books, which have been translated into 9 languages. www.family-constellation.net Email: svagito@family-constellation.net

For further information about Osho and his approach to meditation: www.osho.com

Organized and Translated by



Vedanta Suravi Psychotherapist with more than 37 years of international experience. Has lived and worked in Argentina, U.S.A, England, and India and currently in Spain. Trained in Family Constellations with Bert Hellinger, Dr. Bertold Ulsamer (Director of the Hellinger Institute in Freiburg, Germany) and Svagito Liebermeister in the Osho Multiversity of Pune, India. She is acknowledged as a Titular member of the Bert Hellinger Association of Spain. Gives Family Constellation workshops since 2002 all over Spain, in Argentina and Bulgaria. Trainings with Svagito Liebermeister in Spain and India. Met Osho in 1980 and since then has lived and worked as a therapist and meditation leader in many of His communes. Trained in P.N.L, Gestalt Therapy, Transpersonal Psychology, Hawaiian Massage, Psychic energy readings, and various methods of human energy transformation. Channeling.

www.constelacionesfamiliares.net

Reservations and more info:

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